

BLOOM YOGA SCHEDULE:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 - 7 a Power Hour Level 2	6 - 7 a Sculpt Yoga Level 2	6 - 7 a Hatha Flow Level 1	6 - 7 a Sculpt Yoga Level 2	6 - 7 a Core Flow All Levels	9 - 10 a Power Hour Level 2	9 - 10 a Power Hour Level 2
10 - 11 a Gentle All Levels	11 - 12 p Core Flow All Levels	10 - 11 a Gentle All Levels	11 - 12 p Power Hour Level 1	11 - 12 p Gentle All Levels	10:30 - 11:30 a Gentle All Levels	10:30 - 11:15a KIDS Yoga Ages 5-11
4:30 - 5:30 p Barre All Levels	4:30 - 5:30 p Power Hour All Levels	4:30 - 5:30 p Core Flow Level 3	4:30 - 5:30 p Hatha Flow All Levels	4:30 - 5:30 p Core Flow All Levels	12 - 1 p Core Flow All Levels	12 - 1 p Gentle All Levels
6 - 7 p Core Flow All Levels	6 - 7 p Core Flow All Levels	6 - 7:15 p Yoga 101 All Levels	6 - 7 p Sculpt Yoga Level 1	6:30 - 7:30 p Buti Yoga All Levels		4:30 - 5:30 p Yin Yang All Levels
7:30 - 8:30 p Yin + Restore All Levels	7:30 - 8:30 Yin All Levels	7:30 - 8:30 p FREE Flow All Levels *Community Class	7:30 - 8:30 p Gentle All Levels			

Disclaimer: Schedule is subject to change without notice, to have a regularly updated schedule go to BloomYogaSD.com or mindbodyonline.com